

5th Midori Ward Regional Welfare and Health Plan Midorinowa Sasaeai Plan Resident Survey

Request for cooperation with a survey

Thank you for regularly understanding and cooperating with the advancement of policy in Midori Ward.

Currently, we are asking about your daily life and living environment through the Midorinowa Sasaeai Plan Resident Survey as a part of the “5th Midori Ward Regional Welfare and Health Plan” because it will help us promote regional welfare in the future.

This survey is being randomly sent to 4,500 residents in the ward who are age 20 and over. Rest assured that your answers will be statistically processed and not be able to be used to identify you.

We appreciate your understanding of the purpose of the survey and taking time out of your busy schedule to cooperate.

June 2024 Yasuhiro Sato, Yokohama Midori Ward Mayor

— When filling out the survey —

- The survey should be filled out by the person it was mailed to (**the person the envelope is addressed to**).
- There are 18 questions in total. For the answers, either circle the applicable number or freely write your opinion.
- For the questions where you circle a number, you may be asked to circle just one number or multiple numbers. Answer according to the question. If your answer is “Other”, circle the number and write the details in the parentheses.
- You can respond by mail **or** through the internet.

If mailing your response

After filling out the survey, place it in the enclosed return envelope, and send it back.

(You do not need a stamp.) You do not need to write your name or address when sending it back.

If responding online

Respond by accessing the dedicated site from the following URL.

<https://shinsei.city.yokohama.lg.jp/cu/141003/ea/residents/procedures/apply/6b7c3a54-64d0-4a14-b63f-d0be79dfa845/start>

(You can also access the site from the QR code on the right.)



* To respond online, you must enter the following reference number.

Reference number:

The reference number is to prevent multiple responses by the same person. It cannot be used to identify you.

Response deadline: July 23, 2024 (Tues.) (by 11:59 pm on the deadline if responding online)

[Inquiries related to the survey] Midori Ward Office Welfare and Health Division Phone: 045-930-2304



Yokohama Midori Ward mascot
Midorin

If you respond online, **you do not need to respond by mail**. We appreciate your cooperation.

◆ **First, we will ask you about yourself.**

#1 Which town do you live in? (Your block number is not necessary.)

Yokohama Midori Ward	(machi)	chome
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#2 Answer the following about your gender, age, and household composition.

<Gender> (Circle one)

1. Male	2. Female	3. Other / Prefer not to answer
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<Age> (Circle one)

1. 20 to 24	2. 25 to 29	3. 30 to 34
4. 35 to 39	5. 40 to 44	6. 45 to 49
7. 50 to 54	8. 55 to 59	9. 60 to 64
10. 65 to 69	11. 70 to 74	12. 75 to 79
13. 80 and up		

<Household composition> (Circle one)

1. Live alone	2. Live with spouse or partner
3. Live with children (two generations in household)	4. Live with children and grandchildren (at least three generations in household)
5. Other	

#3 Which of the following applies to your current home? (Circle one)

1. Own a home (house)	2. Own a home (condo or apartment)
3. Rented home (house)	4. Rented home (public housing or company housing)
5. Rented home (privately-owned apartment or condo)	6. Other ()

#4 Which of the following applies to your current job? (Circle one)

1. Regular employee /Full time	2. Part time	3. Self-employed (including farming)
4. Homemaker	5. Student	6. Unemployed
7. Other ()		

#5 How many years have you lived in Midori Ward? (Circle one)

1. Less than 1 year	2. 1 year to less than 5 years
3. 5 years to less than 10 years	4. 10 or more years

◆ We will now ask about your concerns with daily life in the community.

#8 Do you have any recent concerns or problems in your or your family's daily life? (Circle up to three)

- | | |
|--|--|
| 1. Personal health or diseases, life as a senior | 2. Family health or diseases, problems in daily life |
| 3. Loss of employment, bankruptcy, or income reduction | 4. Work or workplace |
| 5. Economy or cost of living | 6. Childcare or education |
| 7. A child's marriage or employment | 8. Nearby odors or noise |
| 9. Environmental problems | 10. Accidents or disasters |
| 11. Crime or crime prevention | 12. Housing |
| 13. Going out | 14. No concerns or problems |
| 15. Other
(Details: _____) | |

#9 If you have concerns or problems, do you have a person to talk to or a place to go? Who/Where? (Consider both resources you have used in the past and are considering using when you answer). (Circle all corresponding numbers.)

- | |
|---|
| 1. Family or relatives |
| 2. Friends or coworkers |
| 3. Neighbors |
| 4. Residents' association, regional/ward social welfare council officers, civil committee members, children's committee members, etc. |
| 5. Family doctor |
| 6. Ward office |
| 7. Midori Ward Social Welfare Council |
| 8. Regional care plaza (Regional Comprehensive Support Center) |
| 9. Regional childcare support site (Ippo) |
| 10. Nursery schools, kindergartens, schools, places children go after school |
| 11. Specialized consultation counters (welfare activity groups, foreign language counters, private consultation counters, etc.) |
| 12. People with similar concerns |
| 13. Social media, etc. |
| 14. No person (or place) comes to mind |
| 15. Other
(Details: _____) |

◆ We will now ask about your relationship with your community and opportunities to be active.

#10 What kind of relationship do you have with your neighbors? (Circle one)

1. I often visit with my neighbors 2. I visit with the neighbors I am on good terms with 3. We greet each other, but do not visit 4. I do not interact with my neighbors 5. Other ()

#11 Are you a member of your local residents' association? (Circle one)

1. Yes	2. No
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#12 Do you participate in community activities? Or, have you participated in the past? (If you have participated as staff or as a volunteer, circle all that apply)

	As a regular participant	As staff or as a volunteer
1. Residents' association activities		
2. Children's group activities		
3. Senior group activities		
4. Festivals, seasonal events, etc.		
5. Walking events		
6. Hobbyist gatherings		
7. Children's or youth activities (including PTA, fathers' groups, and other school events)		
8. Senior activities		
9. Activities for disabled children or adults		
10. Activities to clean or beautify the community		
11. Activities to prevent crime or disasters or for traffic safety		
12. Other ()		

[If you chose “participated as staff or as a volunteer” for at least one item in #12, also answer #12-1 and #12-2.]

#12-1 What was your motivation for participating? (Circle the three most applicable items.)

- 1. I had free time
- 2. I was invited by a friend, acquaintance, or family
- 3. It was nearby
- 4. I thought I needed to
- 5. I did it for health reasons
- 6. My costs were covered or there was some form of reward
- 7. I thought I could find companions or friends
- 8. I wanted to apply my interests, skills, or experience
- 9. It was my turn
- 10. Other (Details: _____)

#12-2 What did you think was good about participating in community activities as staff or as a volunteer? (Circle the three most applicable items.)

- 1. It was fun
- 2. I made more acquaintances or friends
- 3. I developed more confidence in my health or strength
- 4. I contributed to the community
- 5. I was able to apply my interests, skills, or experience
- 6. I learned something or gained experience
- 7. Other (Details: _____)

#13 What conditions would need to be met for you to want to participate in community events as staff or as a volunteer? (Circle the three most applicable items.)

- 1. It does not require a lot of energy or time
- 2. It is close
- 3. Information is available
- 4. I was invited by family, a friend, or an acquaintance
- 5. It looks like I can find companions or friends
- 6. I am interested in it
- 7. It helps me be healthy
- 8. I can apply my interests, skills, or experience
- 9. It is my turn or a similar reason
- 10. There is some form of reward
- 11. I cannot or do not want to participate
(Reason: _____)
- 12. Other
(Details: _____)

#14 What conditions would need to be met for you to want to participate in community activities as a regular participant? (Circle the three most applicable items.)

1. I have enough time	2. The participation fee is not too high
3. Information is available	4. I was invited by family, a friend, or an acquaintance
5. It is close	6. I am interested in it
7. It looks like I can find companions or friends	8. It helps me be healthy
9. I cannot or do not want to participate (Reason: _____))
10. Other (Details: _____))

◆ We will now ask about information on welfare and health.

#15 Were you aware of the Midori Ward Regional Welfare and Health Plan, Midorinowa Sasaeai Plan? (Circle one)

1. I was familiar with it and the details	2. I was somewhat familiar with it
3. I had heard of it	4. I was not aware of it

#16 How do you get information on activities related to welfare and health in the region? (Circle all that apply.)

1. Koho Yokohama
2. The Yokohama City or Midori Ward website
3. Leaflets or pamphlets distributed by public facilities
4. Residents' association circulars, bulletin boards, etc.
5. Town bulletins
6. Social media
7. Newspapers, TV, or radio
8. 2. Other websites
9. Regional care plaza or civil committee members
10. Acquaintances or family
11. Nothing specific
12. Other (Details: _____)

◆ We will now ask about safety and comfort.

#17 In order to adeptly help each other as a community during a disaster, do you think it is necessary to develop a face-to-face relationship and express mutual concern? (Circle one)

- | | |
|-------------------------|--------------------|
| 1. It is very important | 2. It is important |
| 3. It is not important | 4. Not sure |

#17-1 [If you selected “1. It is very important” or “2. It is important” for #17] What do you think is important to create a face-to-face relationship in your community? (Circle all that apply.)

- | |
|--|
| 1. Talking to or greeting your neighbors |
| 2. Regularly associating with your neighbors |
| 3. Participating in festivals or other events with your neighbors |
| 4. Participating in the activities of the residents’ association (crime prevention, beautification activities, etc.) |
| 5. Creating hobby groups |
| 6. Each resident should have an interest in developing the community |
| 7. A leader to develop the activities |
| 8. Each person must be responsible instead of relying on officers |
| 9. Motivating younger generations to participate |
| 10. Other () |

◆ We will now ask about general welfare and health in Midori Ward.

#18 If you have any opinions, proposals, or expectations for the next plan to improve your community, please write them.

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This concludes the survey. Thank you very much for your cooperation.

After filling out the survey, place it in the enclosed return envelope (no stamp is required), and mail it by **[July 23, 2024 (Tues.) *postmark deadline]**.

Thank you for your cooperation!

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